



Sarah & Doug

# 2095803

*Hello!*



We are so grateful that you're here. It means a great deal to us that you're taking the time to learn about our family, and we're truly honored to be part of your journey in any way. We know this process can feel overwhelming, and we want to first say thank you—for your courage, your consideration, and for simply reading this letter.

Although we may not yet know your story, we already admire the strength and love it takes to make such an important decision. We understand that this is a deeply personal and courageous choice, and we want you to feel safe, encouraged, and honored every step of the way.

During this time, we are praying for you—to have peace, clarity, and the space to ask any questions that may be on your heart. We want you to feel genuinely cared for and to know that whatever decisions you make will be met with love and understanding.

In the pages ahead, we hope you'll see our heartfelt passion for adoption, the love we share for each other, and our excitement to welcome another child into our family.

All our love,

*Sarah & Doug*

# Our Story

Before we met, Doug was training to fly helicopters for the Army in southern Alabama, while Sarah worked the night shift as a nurse in Birmingham. Our mutual friends insisted we meet, so Doug drove three hours to take Sarah on a date—bringing all his Army friends along for the weekend. They waited nearby while we went out, and if things went well, Doug planned to introduce her. Sarah passed the test, and met them all that same night.

From the start, distance was a big part of our relationship, with Doug's military career often taking him far away. We quickly realized how much we missed out on the simple, everyday moments. Believe it or not, we just wanted to go grocery shopping together or do laundry side by side. Leading up to Doug's first deployment, we took every opportunity to see each other, even if it meant driving hours for just a few minutes together. A few days after Doug returned from Afghanistan, we were married at our favorite park in Savannah, Georgia. After so much time apart, we were overjoyed to start our everyday life as husband and wife.

As we thought about growing our family, we knew that being together would need to be our top priority. Doug made the decision to leave his role as a Black Hawk pilot and pursue a career in business—one that allows us to stay close as a family while still finding meaningful ways to serve others.

From early on, we connected deeply through our shared values. We often talked about faith, service, and the kind of life we hoped to build. We actually talked about adoption on our third date and have been praying for this day ever since—a chance to grow our family and honor God's call to love others as we love ourselves.





## Meet Sarah

Sarah is the light of my life. If our kids had a bigger vocabulary, I know they'd say the same. For now, their favorite word—"Mama"—says it all. Mama. Mama. Mama. Sarah is everything that word represents and so much more.

She's steady through the highs and lows. Whether I've had a tough day at work, or one of the kids needs extra love after a scraped knee, Sarah is there with calm, comfort, and strength. Somehow, she manages to care for all of us—even while saving lives in the operating room.

She handles more than her fair share with grace, determination, and a quiet strength that inspires me every day. Sarah has a gift for knowing what really matters, and her sense of direction and discernment grounds our family. Every morning, I thank God I get to do life with her. She's not only an incredible mom—she's my best friend and the heart of our home.

# IN DOUG'S WORDS



I grew up in Birmingham, Alabama, with my parents and my older sister, Claire. My childhood was filled with simple joys like Saturday ball games, family trips to the beach, and long summer days spent rolling down grassy hills. Those memories remind me of the joy, love, and connection I hope to share with my children.

Today, I still love spending time outside and staying active—especially starting my mornings with a workout at our local YMCA. I work part-time as a nurse anesthetist, a role that allows me to care for others in our community while being fully present at home. On Sundays, I volunteer in our church nursery, where I enjoy spending time with little ones and catching up with the other volunteers.

My faith shapes everything I do. Whether I'm with patients or family, I strive to live with kindness and compassion, reflecting the love Christ has shown me. I hope to raise our children in that same spirit—surrounded by warmth, support, and unconditional love.

#### **FUN FACTS**

I'll always say yes to the question "Any room for dessert?"

I love fresh flowers— it's my favorite way to brighten our home.

I enjoyed rock climbing before becoming a parent, but these days I keep my feet on the ground



# Meet Doug

Bragging about my husband is one of my favorite things to do. You will never meet anyone quite like Doug. He has this incredible ability to be both the life of the party and everyone's most trusted confidant. Doug brings a light-hearted, fun energy to every conversation, yet he also connects deeply in quiet, meaningful moments. This blend of qualities guided his leadership in the Army and now helps him lead our family and his business with the same sense of purpose.

Most importantly, Doug is the kind of dad who will get down on the floor and play with our children for hours, fully present and engaged. He goes the extra mile to turn everyday moments into cherished memories. Because of his steady, devoted love, I know our children will always feel secure, valued, and loved by their father. I am so grateful to walk through life with Doug and I am blessed beyond measure to call him mine.

## IN SARAH'S WORDS



My dad is a pastor. My dad's dad is a pastor. My mom's dad is a pastor. As a kid, I remember thinking, "Maybe I'll shake things up a bit and become a minister." I'm not a pastor or a minister, but my parents' devotion to others was, and is, a huge influence in my life.

My faith is the foundation of who I am – I love God and try to live each day with gratitude and purpose. I grew up playing football, wrestling, and tennis—sports that taught me a lot about hard work, resilience, and being part of something bigger than myself.

Family means everything to me, and some of my favorite moments are the quiet, simple ones at home—playing with my kids, building forts, running around the yard, or just laughing around the dinner table. I'm happiest when I'm fixing or building something, whether it's a backyard project or a new toy for the playroom.

I believe in showing love through action by being present and dependable. More than anything, I hope to build a home filled with love, laughter, faith, and a sense of belonging for every member of our family.

#### **FUN FACTS**

I can solve a rubiks cube in less than 60 seconds

I can fall asleep anywhere, at any time. Planes, trains, automobiles, dentist chairs...

I have my private plane license and enjoy flying the family around on weekends.



meet

Rye +  
Merritt

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We have two little ones who keep life loud, joyful, and full of surprises—Rye (3) and Merritt (1).

Rye is all boy—full of energy, curiosity, and imagination. He loves airplanes, dinosaurs and books about airplanes and dinosaurs. His days are often spent racing around the house, but beneath all that energy is the sweetest heart. He’s incredibly gentle and careful around his little sister, always looking out for her in his own little way. He also surprises us with how focused he can be—whether he’s solving puzzles or picking up new things like tennis at lightning speed.

He’s the kind of kid who loves big and plays hard.

Merritt, on the other hand, is our calm in the chaos. She’s been easygoing since day one, as if she knew she was the second child and came ready to roll with it. She’s also our little “incubator,” generously bringing home every cold imaginable, but somehow, she smiles through it all. Though she’s small for her age, she’s always been sharp, aware, and ahead of the curve. She has a calm, joyful spirit that brightens every room she enters. We can’t imagine our family without her unconditional love!



Sarah's mom (Juju) with her grandbabies



Doug's beautiful nieces



# Family

Our family is so excited to welcome a new baby into our home! Sarah's parents live close by and love to visit often. They're known for spoiling the kids as soon as they arrive! Sarah's sister is nearby too, and we make it a tradition to go to a football game together every year. Doug's parents now live in Missouri, though his dad is originally from Washington and his mom from Long Island. He has a younger brother, an older sister, and four wonderful nieces who love to dance and are always teaching our kids their latest moves.

Along with our families, we're blessed to have a strong network of friends in our community and church who support and encourage us every step of the way. We meet with our church small group every week at a local park so the kids can play and the parents can enjoy each other's company. Since we moved around a lot in the early years of our marriage, we also have friends around the country cheering us on in this journey. We're grateful for our amazing support system and look forward to sharing all the joy a new baby will bring.

Doug's family



We love traveling with friends



Our non-profit



Sarah attends nights out with other moms



# Values

Thanks to Doug's military service, we've had the incredible privilege of living all across the United States. Along the way, we've met people from all walks of life and every background imaginable. These experiences have deepened our gratitude for our own families and the faith that has shaped us. We know we are who we are—and where we are—because of the people who have walked alongside us, guiding us with love and faith.

As a family, we strive to live out the Christian values at the core of our lives: love, kindness, humility, and service. We've been fortunate to co-found a nonprofit supporting education and infrastructure in Southeast Asia, and it's been deeply rewarding to see our efforts reach others across the globe. We want to be the kind of family others can count on to walk beside them through life's joys and challenges.

We're excited for our children to grow up seeking ways to serve God and others, to love their neighbors, and to live with compassion. One of our greatest hopes is that they come to understand how deeply their actions can impact the world around them—that through faith and service, they can bring light and hope to those in need.

# Our Home + Community

We live in Greenville, South Carolina—a place that truly feels like home. It's the kind of city where people say hello on the sidewalk, kids ride their bikes around the neighborhood, and there's always something fun and family-friendly to do. We spend a lot of time outside—walking around the downtown waterfalls, hiking in the nearby Appalachian foothills, and exploring local playgrounds. We love raising our kids in a community where nature is just around the corner, but so is a cozy downtown with ice cream shops, fantastic restaurants, and an amazing children's museum.

Our home is warm and welcoming, with one of our favorite spaces being the playroom we built just for the kids. It's always full of books, blocks, and wild imagination. Our dining room table usually has a puzzle or two on it which we move aside to eat dinner together each night. We have a big yard where we play games, roast marshmallows, and occasionally set up a tent for backyard camping. In the fall, you'll find us on the porch with blankets and snacks, watching football as a family.



Downtown waterfalls



Apple picking each fall



Exploring our neighborhood



Army vs Navy game with friends



Doug flying us to lunch

# Hobbies

We love exploring the outdoors and traveling the world! Sarah grew up hiking through the Appalachian foothills, and Doug spent his childhood mountain biking and skiing in Utah. We have grown closer through our love of spending quality time together in the woods and hope to instill that in our children. Over the years, we've been fortunate to hike mountains across the globe—in France, Ireland, Greece, Norway, and Nepal—creating unforgettable memories and deepening our appreciation for adventure.

When we are not outside, we enjoy reading and puzzles. Doug enjoys leather working and has even made Sarah a purse! Sarah is slowly learning to sew using her grandmother's Singer sewing machine. We make it a point to have regular date nights and love attending live comedy shows whenever we can—it's one of our favorite ways to unwind and enjoy each other's company.

Every summer, we head to Pawley's Island for Independence Day, where the kids get to splash in the ocean and experience the magic of the beach. It's a special time for our family to relax, play, and enjoy the simple joys of the coast. In the fall, you'll find us apple picking in nearby orchards, cheering on our favorite SEC football team, and attending the Army-Navy game with our closest friends—a tradition we truly cherish.



Christmas hike



Annual Pawley's Island Trip



## Parenting + Adoption

We both grew up with parents who sacrificed a lot for us, generously giving their time, attention, and love. Their dedication shaped who we are and the way we want to raise our children. Sarah's mom used to say that anytime a child says, "Mama, watch me!" it's an opportunity to show love with just one second of undivided attention. We want to be there for every "watch me" moment so our children always know how deeply they are adored—even in the smallest moments. We believe that being present and involved allows us to truly understand our children, support their growth, and guide them toward success. Life can get busy, but we choose to put family first, creating a home where our children feel fully known and abundantly loved.

While we hope for an open relationship with our child's birth family, we understand that every adoption journey is unique. We want to listen and respect what openness means to you. Our promise is to honor our commitments and maintain your trust. Our hearts and home are open, and we look forward to including you in our family's story in a way that feels right for you.



Father's Name:  
**Doug**

Occupation:  
**Director of Operations  
for a small business**

Education:  
**West Point  
Harvard Business School (Masters)**

Religion:  
**Christian**

Date of birth:  
**February 11, 1992**

Hair Color:  
**Brown**

Eye Color:  
**Blue**

Height:  
**6'2"**



Mother's Name:  
**Sarah**

Occupation:  
**Nurse Anesthesiologist**

Education:  
**Auburn  
Samford University (Masters)**

Religion:  
**Christian**

Date of birth:  
**March 18, 1992**

Hair Color:  
**Strawberry Blonde**

Eye Color:  
**Green**

Height:  
**5' 7"**

# Family Information

## Date of marriage:

July 3rd, 2018. We were married in a park in Savannah, Georgia just a few days after Doug returned from his first deployment to Afghanistan.

## Children:

Rye (2022) and Merritt (2024)

## Interest and hobbies:

We both love exploring the outdoors and traveling. Doug enjoys flying airplanes, reading, and teaching Rye to play tennis. Sarah enjoys walks around the neighborhood with the kids, working out, and learning to sew. We try to have regular date nights and love going to live comedy shows whenever we can.

## Home:

We live in a peaceful neighborhood just a mile from downtown Greenville, South Carolina—recently named one of the best places to live in the U.S. Our cozy four-bedroom, three-bathroom home has plenty of room to grow our family and sits within walking distance of playgrounds, parks, the baseball stadium, and even a beautiful waterfall in the heart of downtown. We love how easy it is to step outside and enjoy everything our city has to offer as a family.

## Why are you interested in building your family through adoption:

We talked about adoption on our third date and have been praying for this day ever since. There are very few circumstances in life that can take a difficult or confusing situation and create life-giving joy, but we are firm believers that adoption has the power to do that for birth families and adoptive families alike.

## Openness to birthparent(s):

We hope our adopted child has an open relationship with their birth family. We understand each adoption is different and we want to hear from you what you want that openness to look like. We want to care for you in the best way possible and nurture your relationship by scheduling visits and calls and sending pictures and letters.

## Childcare plans:

Sarah looks forward to spending the first few months at home with the baby, cherishing that special time together. She has the flexibility to set her own schedule and will decide if and when returning to work is best for the baby. If she does return, it will be only one to two days per week, and the baby will attend "school" on those days alongside big brother and sister.



# Thank You

We want to express our deepest gratitude for considering us in this significant decision. The courage and love you've shown in exploring adoption are truly admirable, and we're humbled that you've taken the time to read our profile. We understand this journey is filled with complex emotions and difficult choices, and we want to assure you that if you choose adoption, your child will be loved unconditionally and will always know the profound and sacrificial decision you made. Our hearts and home are open, and we look forward to including you in our family's story in whatever way feels right for you. Thank you again for getting to know us. We are here to support and honor your choices every step of the way.

## Garah + Doug